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What is claimed is:

- 1. A dough composition comprising
 - a) flour, water and a leavening system in amounts sufficient to provide a leavened dough composition; and
 - b) 0.005 to 0.2 % by weight of propylene glycol alginate; said dough being at least partially developed.
- 2. The dough of claim 1, wherein said propylene glycol alginate is present in an amount of about 0.01 to about 0.15 % by weight of the total dough composition.
 - 3. The dough of claim 1, wherein said dough composition further comprises emulsifier in an amount of about 0.1 to about 2.5% by weight of the total dough composition.
 - 4. The dough of claim 1, wherein said dough composition further comprises gum in an amount no more than 0.4 percent by weight of the dough.
 - 5. The dough of claim 1, wherein said dough composition further comprises gum in an amount no more than 0.2 percent by weight of the dough.
 - 6. The dough of claim 1, wherein said dough composition comprises no more than about 0.05% of gum.
- 7. The dough of claim 1, wherein the resulting baked product is a biscuit and has a Springiness Value of about 0.35 to about 0.45.
 - 8. The dough of claim 1, wherein the resulting baked product is a bread product and has a Springiness Value of about 0.45 to about 0.55.

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- 9. The dough of claim 1, wherein the resulting baked product has a BSV of about 2.5 to about 6 cc/g
- 5 10. The dough of claim 1, wherein the resulting baked product has a BSV of about 3 to about 5 cc/g.
 - 11. A dough product comprising
 - a. A dough composition of claim 1, and
- b. A filling.
 - 12. The dough product of claim 11, wherein said propylene glycol alginate is present in an amount of 0.05 to 0.15 % by weight of the total dough composition.
- 13. The dough of claim 11, wherein said dough product is a laminated biscuit.
 - 14. The dough product of claim 11, wherein said propylene glycol alginate is present in an amount of 0.01 to 0.10 % by weight of the total dough composition, and wherein said dough composition further comprises emulsifier in an amount of 0.1 to 2.5% by weight of the total dough composition.
 - 15. A dough product comprising a dough composition of claim 1 and having no filling.
- 25 16. The dough of claim 15, wherein said dough product is a laminated biscuit.
 - 17. The dough product of claim 15, wherein said propylene glycol alginate is present in an amount of about 0.005 to about 0.1 % by weight of the total dough composition.
 - 18. The dough composition of claim 1, said dough composition being refrigerated.

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- 19. The dough composition of claim 18, said dough composition being disposed within a pressurized container in at least a partially unproofed state.
- 5 20. The dough composition of claim 1, said dough composition being frozen in an unproofed state.
 - 21. A method for making an uncooked extruded dough product, comprising:
 - a. Providing a dough composition of claim 1, which composition further comprises pre-gelatinized starch comprising at least about 75 percent of amylopectin;
 - Extruding said composition through a die under conditions so that the dough composition does not exceed 140°F. throughout the extrusion process; and
 - c. forming individual dough products from the extruded dough composition; wherein said pre-gelatinized starch, flour, leavening agent, propylene glycol alginate and water are present in an amount so that the dough product has a BSV of greater than about 3.0 cc/g.
- 20 22. A method of preparing a baked dough product, comprising
 - a. Providing a dough composition of claim 1 in at least one 0.5-8 oz portion in an unproofed state,
 - b. Proofing said dough portion,
 - c. Baking said proofed portion to provide a baked dough product.
 - 23. A method of preparing a baked dough product, comprising
 - a. Providing a dough composition of claim 18 in at least one 0.5-8 oz portion,
 - b. Proofing said dough portion,
- c. Baking said proofed portion to provide a baked dough product.

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- 24. A method of preparing a baked dough product, comprising
 - a. Providing a dough composition of claim 20 in at least one 0.5-8 oz portion,
 - b. Thawing said dough portion;
 - c. Proofing said dough portion,
 - d. Baking said proofed portion to provide a baked dough product.
- 25. A method of preparing a baked dough product, comprising
 - a. Providing a dough composition of claim 20 in at least one 0.5-8 oz portion,
 - b. Baking said frozen dough portion without an intermediate thawing or proofing step to provide a baked dough product.
- 26. The product made by the method of claim 21.
- 27. The product made by the method of claim 22.
- 28. The product made by the method of claim 23.
- 29. The product made by the method of claim 24.
 - 30. The product made by the method of claim 25.